



An established provider of high quality cost effective  
and relevant compliance training & consultancy.

Open Course  
Training Calendar  
2023

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 HSF Training Ltd

 @HSFTrainingLtd



Approved  
training  
provider  
616



nebosh

LEARNING  
PARTNER

GOLD 515



## About our training & consultancy

Effective training can have a positive effect on your business by assisting with compliance, improving staff morale and providing better business efficiency and profitability.

Understanding that people learn in different ways, we use a wide variety of training methods, resources and high-quality learning materials. Additionally, our fully qualified trainers really know their subjects.

### Training Options from HSF Training Ltd

#### Open Courses

All courses within this leaflet are open to anyone. Simply contact us to request a booking form using [admin@hsftraining.co.uk](mailto:admin@hsftraining.co.uk)

#### In-house Courses

Where several people require training, it may be more cost effective to have a course delivered at your premises at a time to suit you and your delegates. Delivering the course just for you can allow us to tailor the content to suit your business needs, whilst still meeting awarding body criteria. We offer a range of other courses – please see the last page for examples. *(Maximum numbers may apply, dependent upon course and venue.)*

#### Distance Learning

Available on some courses, it is an ideal option for businesses where time away from the work place is an issue. Delegates work through exercises at their preferred pace and take the exam at our training facility on a date to suit their circumstances.

#### Remote Delivery

Available on some courses, tuition is provided via Teams, meaning delegates benefit from trainer delivery and interaction with classmates, whilst providing the convenience of their attending no matter their physical location.

#### E-learning

For businesses looking to reduce the amount of time that employees spend out of the workplace or where having everyone available at the same time for a course is an issue, we offer a wide range of good quality, interactive e-learning courses. For some of these remote invigilation is available, so delegates can achieve accredited qualifications online.

#### Consultancy

To complement our training, we also offer food safety and health & safety consultancy, covering everything from assistance with risk assessments to training and audit programme development.

#### Find out more

If you need any help regarding your training or consultancy requirements, please do not hesitate to get in touch and one of our team will be pleased to assist you to find solutions which best suit your business: 0191 5022515 [admin@hsftraining.co.uk](mailto:admin@hsftraining.co.uk)

All fees for the open courses listed include excellent, friendly training at our Sunderland venue, course notes/texts, examination entry fees (where applicable), light refreshments and a certificate (usually electronic) for delegates who successfully complete course assessments.

## Open First Aid courses 2023

**First Aid at Work (3 days) £255 + VAT per person (Level 3 additional £17.50 + VAT)**

- 23<sup>rd</sup>-25<sup>th</sup> January
- 20<sup>th</sup>-22<sup>nd</sup> February
- 6<sup>th</sup>-8<sup>th</sup> March
- 18<sup>th</sup>-20<sup>th</sup> April
- 16<sup>th</sup>-18<sup>th</sup> May
- 12<sup>th</sup>-14<sup>th</sup> June
- 10<sup>th</sup>- 12<sup>th</sup> July
- 7<sup>th</sup>-9<sup>th</sup> August
- 5<sup>th</sup>-7<sup>th</sup> September
- 17<sup>th</sup>-19<sup>th</sup> October
- 21<sup>st</sup>-23<sup>rd</sup> November
- 4<sup>th</sup>-6<sup>th</sup> December

**First Aid at Work Revalidation (2 days) £165 + VAT per person (Level 3 additional £17.50 + VAT)**

- 24<sup>th</sup> & 25<sup>th</sup> January
- 21<sup>st</sup> & 22<sup>nd</sup> February
- 7<sup>th</sup> & 8<sup>th</sup> March
- 19<sup>th</sup> & 20<sup>th</sup> April
- 17<sup>th</sup> & 18<sup>th</sup> May
- 13<sup>th</sup> & 14<sup>th</sup> June
- 11<sup>th</sup> & 12<sup>th</sup> July
- 8<sup>th</sup> & 9<sup>th</sup> August
- 6<sup>th</sup> & 7<sup>th</sup> September
- 18<sup>th</sup> & 19<sup>th</sup> October
- 22<sup>nd</sup> & 23<sup>rd</sup> November
- 5<sup>th</sup> & 6<sup>th</sup> December

**Emergency First Aid at Work (1 day) £87 + VAT per person (Level 3 additional £17.50 + VAT)**

- 23<sup>rd</sup> January
- 20<sup>th</sup> February
- 6<sup>th</sup> March
- 18<sup>th</sup> April
- 16<sup>th</sup> May
- 12<sup>th</sup> June
- 10<sup>th</sup> July
- 7<sup>th</sup> August
- 5<sup>th</sup> September
- 17<sup>th</sup> October
- 21<sup>st</sup> November
- 4<sup>th</sup> December

## Open Food Safety courses 2023

*All food safety courses are available with either a catering and manufacturing exam option*

**Level 3 Award in Food Safety (RQF) (2 days) £350 + VAT per person**

- To be confirmed – please contact us

**Level 4 Award in Food Safety (RQF) (5 days) £685 + VAT per person**

- To be confirmed – please contact us

**Level 3 Award in HACCP (RQF) (2 days) £350 + VAT per person**

- To be confirmed – please contact us

**Level 4 Award in HACCP Management (RQF) (5 days) £685 + VAT per person**

- To be confirmed – please contact us

## Open Professional Development courses 2023

**Level 3 Award in Education & Training (RQF) (4 days + 1 day assessment) £675 + VAT per person**

- *Please contact us for available dates*

**Level 3 Award in Delivering Training (RQF) (3 days) £395+VAT**

- *Please contact us for available dates*

**Level 3 Award in Audit & Inspection (RQF) (1 day) £225 + VAT**

- *Please contact us for available dates*

## Open Health & Safety courses 2023

**IOSH Managing Safely** (3 days) £510 + VAT

- 28<sup>th</sup>-30<sup>th</sup> March
- 27<sup>th</sup>-29<sup>th</sup> June
- 14<sup>th</sup>-16<sup>th</sup> November

**NEBOSH National General Certificate** (10 days, plus exam) £1450 + VAT per person

- March 27<sup>th</sup>; April 3<sup>rd</sup>, 11<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>; May 2<sup>nd</sup>, 9<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 30<sup>th</sup>; exam 7<sup>th</sup> June
- September 25<sup>th</sup>; October 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>; November 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>; exam 6<sup>th</sup> December

## Open Mental Health First Aid courses 2023

**Level 2 Award in Introduction to First Aid for Mental Health (RQF)** (1 day) £98 + VAT per person

- *Please contact us for available dates*

**Level 3 Award in Understanding Mental Health in the Workplace for Managers (RQF)** (2 days) £195 + VAT per person

- *Please contact us for available dates*

All of the open courses listed here can be delivered as in-house training at your premises - this may be more cost effective if you have several people requiring the training.

In addition to these open courses, we offer a wide range of other training as either in-house, remote, distance or e learning options. The lists below indicate some of our most requested courses, but if the training you require is not on the list, please still contact us to find out if we can assist you using [admin@hsftraining.co.uk](mailto:admin@hsftraining.co.uk)

### Food Safety

- Level 1 Award in Food Safety
- Level 2 Award in Food Safety
- Level 2 Award in HACCP
- Level 3 Award in Effective Audit & Inspection Skills
- Bespoke Audit Skills

### First Aid

- Paediatric First Aid
- Basic First Aid Awareness
- Automated External Defibrillator (AED) Competent User
- Catastrophic Bleeding Management

### Health & Safety

- IOSH Working Safely
- Level 2 Award in Health & Safety
- Level 3 Award in Health & Safety
- Manual Handling Awareness
- Fire Safety Awareness
- Fire Safety for Fire Marshalls & Wardens
- Control of Substances Hazardous to Health Awareness
- Level 2 Award in Control of Substances Hazardous to Health
- Safe Working at Height
- Level 2 Award in Risk Assessment
- Level 3 Award in Risk Assessment
- Bespoke health & safety

Please contact us using [admin@hsftraining.co.uk](mailto:admin@hsftraining.co.uk) to enquire about any of the courses listed.